FLOWERS FOODS INC Form 8-K November 10, 2004

### SECURITIES AND EXCHANGE COMMISSION

# Washington, D.C. 20549

### FORM 8-K

### **CURRENT REPORT**

# Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report (Date of earliest event reported): November 10, 2004

## FLOWERS FOODS, INC.

(Exact name of registrant as specified in its charter)		
Georgia	1-16247	58-2582379
(State or other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification No.)
1919 Flowers Circle, Thomasville, GA		31757
(Address of principal executive offices)		(Zip Code)
Registrant s telephone number, including area code:		(229) 226-9110
* * *	the Form 8-K filing is intended to simularly wing provisions (see General Instruction	• •
o Written communications pursuan	t to Rule 425 under the Securities Act (1	7 CFR 230.425)
o Soliciting material pursuant to Ru	ale 14a-12 under the Exchange Act (17 C	CFR 240.14a-12)
o Pre-commencement communicati	ions pursuant to Rule 14d-2(b) under the	Exchange Act (17 CFR 240.14d-2(b))
	ions pursuant to Rule 13e-4(c) under the	Exchange Act (17 CFR 240.13e-4(c))

### Item 2.02. Results of Operations and Financial Condition.

On November 10, 2004, Flowers Foods, Inc. issued a press release announcing its financial condition and results of operations as of and for the third quarter ended October 9, 2004. A copy of the press release is furnished with this Report as Exhibit 99.1 and is incorporated herein by reference.

#### Item 9.01 Financial Statements and Exhibits.

(c) Exhibits.

The following exhibit is furnished as part of this Report:

Exhibit Number	Description
99.1	Press Release of Flowers Foods, Inc. dated November 10, 2004

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

#### FLOWERS FOODS, INC.

By: /s/ Jimmy M. Woodward

Name: Jimmy M. Woodward Title: Sr. Vice-President, Chief

Financial Officer and Chief Accounting Officer

Date: November 10, 2004

# **EXHIBIT INDEX**

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