

CAPITAL AUTOMOTIVE REIT

Form 8-K

July 29, 2004

SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K
CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): July 29, 2004

CAPITAL AUTOMOTIVE REIT
(Exact name of registrant as specified in its charter)

Maryland

(State or other jurisdiction
of incorporation)

000-23733

(Commission file number)

54-1870224

(I.R.S. Employer
Identification Number)

8270 Greensboro Drive, Suite 950
McLean, Virginia 22102
(703) 288-3075

(Address, including zip code, and telephone number, including area code, of registrant's principal executive offices)

(Former name or former address, if changed since last report)

Item 7. Financial Statements and Exhibits.

(c) Exhibits

*99.1 Press Release, dated July 29, 2004, of Capital Automotive REIT.

Item 12. Results of Operations and Financial Condition.

In accordance with General Instruction B.6 of Form 8-K, the following information, including Exhibit 99.1, is being furnished to the Securities and Exchange Commission and shall not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended nor shall such information and exhibit be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, except to the extent, if any, expressly set forth by specific reference in such a filing. This report on Form 8-K (including the exhibit hereto) shall not be deemed an admission as to the materiality of any information in this report that is required to be disclosed solely to satisfy the requirements of Regulation FD.

On July 29, 2004, Capital Automotive REIT issued a press release to report its financial results for the quarter ended June 30, 2004. The release is furnished as Exhibit 99.1 hereto.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CAPITAL AUTOMOTIVE REIT

By: /s/ Thomas D. Eckert

Name: Thomas D. Eckert

Title: President and Chief Executive Officer

Date: July 29, 2004

EXHIBIT INDEX

Exhibit No.	Description
99.1	Press Release, dated July 29, 2004, of Capital Automotive REIT.