FLOWERS FOODS INC Form 8-K February 08, 2011

# SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## FORM 8-K CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of report (Date of earliest event reported): February 8, 2011 FLOWERS FOODS, INC.

(Exact name of registrant as specified in its charter)

Georgia 1-16247 58-2582379

(State or other (Commission (IRS Employer jurisdiction File Number) Identification No.)

of incorporation)

1919 Flowers Circle, Thomasville, GA 31757

(Address of principal executive offices)

(Zip Code)

Registrant s telephone number, including area code: (229) 226-9110

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

### Item 2.02. Results of Operations and Financial Condition.

On February 8, 2010, Flowers Foods, Inc. issued a press release (i) announcing its financial condition and results of operations as of and for the fourth quarter and fiscal year ended January 1, 2011; (ii) refining its guidance for fiscal 2011; and (iii) announcing the filing of a universal shelf registration statement with the Securities and Exchange Commission. A copy of the press release is furnished with this Report as Exhibit 99.1.

### Item 9.01 Financial Statements and Exhibits.

(c) Exhibits.

### **Exhibit Number** Description

99.1 Press Release of Flowers Foods, Inc. dated February 8, 2011

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

## FLOWERS FOODS, INC.

By: /s/ R. Steve Kinsey

Name: R. Steve Kinsey

Title: Executive Vice President and Chief

Financial Officer

Date: February 8, 2011

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## **EXHIBIT INDEX**

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