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Form 4											
November 1											PROVAL
FORM	14 UNITED S	STATES S				AND EX(, D.C. 20		NGE CO	OMMISSION	OMB OMB Number:	3235-0287
Check th				8		,				Expires:	January 31,
if no long subject to Section 1 Form 4 c		CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expired: 2005 Estimated average burden hours per response 0.5		
Form 5 obligatio may cont See Instr 1(b).	tinue. Section 17(a	a) of the P	ublic U	tility I	Hol		ipany	Act of 1	Act of 1934, 1935 or Section	l	
(Print or Type]	Responses)										
1. Name and A LARSON R	Address of Reporting I ROBERT E	:	Symbol			I Ticker or		I	5. Relationship of l ssuer	Reporting Pers	on(s) to
			ESSEX [ESS]	PROI	PEF	RTY TRU	511	NC	(Check	all applicable)
(Last)		, í	(Month/E	Day/Yea		ransaction		-	_X_ Director Officer (give t pelow)		Owner er (specify
	X PROPERTY 5 EAST MEADO		11/08/2	010					,	,	
ΡΑΙΟΑΙΤ	(Street) O, CA 94303		4. If Ame Filed(Mor			ate Origina r)	l		5. Individual or Joi Applicable Line) _X_ Form filed by O Form filed by Mo	ne Reporting Pe	rson
(City)	, ,	(Zip)							Person		
	`				on-I			-	ired, Disposed of,		•
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	Code (Instr.	8)	oror Dispose (Instr. 3, 4	ed of (and 5 (A) or	D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	11/08/2010			Code M	v	Amount 2,500	(D) A	Price \$ 46.99	13,477	D	
Common Stock	11/08/2010			М		2,500	А	\$ 50.88	15,977	D	
Common Stock	11/08/2010			М		2,500	А	\$ 57.57	18,477	D	
Common Stock	11/08/2010			М		2,500	А	\$ 62.34	20,977	D	
	11/08/2010			М		2,500	А	\$ 79.25	23,477	D	

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Common Stock					
Common Stock	11/08/2010	М	174	А	\$ 107.56 23,651 D
Common Stock	11/08/2010	S	12,674	D	\$ 115.39 10,977 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Director Stock Option (right to purchase)	\$ 0	11/08/2010		М		2,500	05/15/2002	05/15/2011	Common Stock	2,500
Director Stock Option (right to purchase)	\$ 0	11/08/2010		М		2,500	05/14/2003	05/14/2012	Common Stock	2,500
Director Stock Option (right to purchase)	\$ 0	11/08/2010		М		2,500	05/13/2004	05/13/2013	Common Stock	2,500
Director Stock Option (right to	\$ 0	11/08/2010		М		2,500	05/11/2005	05/11/2014	Common Stock	2,500

purchase)								
Director Stock Option (right to purchase)	\$ 0	11/08/2010	М	2,500	05/10/2006	05/10/2015	Common Stock	2,500
Director Stock Option (right to purchase)	\$ 0	11/08/2010	М	174	05/09/2007	05/09/2016	Common Stock	174

Reporting Owners

Reporting Owner Name / Address		Relationsh		
	Director	10% Owner	Officer	Other
LARSON ROBERT E C/O ESSEX PROPERTY TRUST 925 EAST MEADOW DRIVE PALO ALTO, CA 94303	Х			
Signatures				
/s/ Michael T. Dance (Attorney in Fact)		11/10/2010		
**Signature of Reporting Person		Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.