MDC HOLDINGS INC

Form 4

August 03, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

Number:

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Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * MIZEL LARRY A | 2. Issuer Name and Ticker or Trading Symbol MDC HOLDINGS INC [MDC] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | |
|---|--|--|--|--|
| (Last) (First) (Middle) | 3. Date of Earliest Transaction | | | |
| 4350 S. MONACO STREET, SUITE 500 | (Month/Day/Year) 08/02/2005 | _X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify below) below) Chairman of the Board and CEO | | |
| (Street) | 4. If Amendment, Date Original | 6. Individual or Joint/Group Filing(Check | | |
| DENVED CO 80227 | Filed(Month/Day/Year) | Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting | | |

Person

| DENVER. | CO | 80237 |
|---------|---------|-------|
| DENVER. | \cdot | 00237 |

| (City) | (State) | (Zip) Tak | ole I - Non- | Derivative S | Securi | ties Acqu | ired, Disposed o | f, or Beneficia | ally Owned |
|--------------------------------------|--------------------------------------|---|-----------------|--|--------------------------------|--------------------|--|--|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | Code (Instr. 8) | 4. Securitie ord Disposed (Instr. 3, 4 | d of (E and 5) (A) or | 9) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common Stock \$.01 Par Value | 08/02/2005 | | Code V M | Amount 100,000 | (D) | Price \$ 15.36 | 5,210,502 | D | |
| Common Stock \$.01 Par Value | 08/02/2005 | | S | 41,800 | D | \$ 85.92 (1) | 5,168,702 | D | |
| Common Stock \$.01 Par Value | | | | | | | 515,009 | I | Indirect Beneficial Ownership |
| | | | | | | | 2,829 | I | |

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| Common Stock \$.01 | | | 401(k) Plan (3) |
|------------------------------------|-----------|---|---|
| Par Value | | | |
| Common Stock \$.01 Par Value | 1,357,064 | I | Shares Owned by Reporting Person's Spouse (4) |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | | | | 7. Title and Amo Underlying Secu (Instr. 3 and 4) | |
|---|---|---|---|---|---------|---------------------|--------------------|---|----------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Ai Ni Sh |
| Non-Statutory Stock Option | \$ 15.36 | 08/02/2005 | | M | 100,000 | 12/01/2001 | 12/01/2005 | Common Stock \$.01 Par Value | 1 |

Reporting Owners

Joseph H. Fretz,

| Reporting Owner Name / Address | Relationships | | | | | |
|---|---------------|-----------|-------------------------------|-------|--|--|
| | Director | 10% Owner | Officer | Other | | |
| MIZEL LARRY A 4350 S. MONACO STREET, SUITE 500 DENVER, CO 80237 | X | X | Chairman of the Board and CEO | | | |
| Signatures | | | | | | |

08/03/2005

Attorney-in-Fact

**Signature of Reporting Person Date

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares sold at an average price of \$85.92 per share. See Table of Transactions attached hereto for details of sales.
- Reporting Person may be deemed to be an indirect beneficial owner of these shares because his spouse owns all of the voting units in CLCD LLC, a limited liability company that owns these shares. In addition, he is the beneficiary of various trusts which own 50.6885% of the stock of CVentures, Inc., a corporation which is the sole manager of CLCD LLC. Also, Reporting Person is a director and president of CVentures, Inc. and may be deemed to control the other 49.3115% of the common stock of CVentures, Inc.
- (3) Shares are held in Reporting Person's 401(k) Savings Plan account which changes on a monthly basis.
- (4) Shares are owned by the Reporting Person's spouse.
- (5) Granted on December 1, 2000 under the Company's Employee Equity Incentive Plan. This option vests as to 25% of the shares covered thereby on December 1, 2001 and cumulatively as to an additional 25% on each of December 1, 2002, 2003 and 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.