DENARDO F BRAD Form 144 January 25, 2006

> UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

> > FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker

	NAME OF IS: onal Banksha		e type or print)	
	IRS IDENT. 375874	NO.	(c) SEC FILE 0-15204	NO.
1 (d)	ADDRESS OF	ISSUER	STREET 101 Hubbard S	treet
	CITY ksburg		STATE VA	ZIP CODE 24060
1(e)	TELEPHONE			
	AREA CODE (540)		NUMBER 951-6300	
	NAME OF PEF rad Denardo	RSON FOR WHO	DSE ACCOUNT THE SECURITIES	ARE TO BE SOLD
2(b)	IRS IDENT. 64-0669	NO.	(c) RELATIONSH Officer	
2 (d)	ADDRESS		STREET 3009 Lancaste	r Dr
2 (d)	CITY Blacksbu	1rg	STATE VA	ZIP CODE 24060

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the SEC File Number.

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	Whome the Securities are to be Offered or Each Market Maker who is Aquiring the Securities	File Number	Other Units to be Sold (See instr. 3(c))	Value (See instr. 3(d))	Outstanding (See instr. 3(e))	(
Common Stock	BI Investments 4490 Cox Road Glen Allen, VA 23060		2,000	\$95 , 960	3,508,587	0

INSTRUCTIONS:

- 1.(a) Name of issuer
 - (b) Issuer's I.R.S. Identification Number
 - (c) Issuer'S S.E.C. file number, if any
 - (d) Issuer's address, including zip code
 - (e) Issuer's telephone number, including area code

2.(a) Name of person for whose account the securities are to be sold

- (b) Such person's I.R.S. identification number, if such person is an entity
- (c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (d) Such person's address, including zip code
- 3.(a) Title of the class of securities to be sold
 - (b) Name and address of each broker through whom the securities are intended to be sold
 - (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)
 - (d) Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice
 - (e) Number of shares or other units of the class outstanding, or if debit securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
 - (f) Approximate date on which the securities are to be sold
 - (g) Name of each securities exchange, if any, on which the securities are intended to be sold

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

			Name of Person		
			from Whom Acquired		
Title of	Date You	Nature of	(If gift, also give date	Amount of	D
the Class	Acquired	Acquisition Transaction	donor acquired)	Securities Acquired	Ρ

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Common Stock	06/02/2004	Exercise of Incentive Stock Option	National	Bankshares,	Inc.	2,000	0

INSTRUCTIONS:

- If the securities were purchased and full payment therefore was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.
- If within two years after the acquisition of the securities the person for whose account they are to be sold had any short positions, put or other option to dispose of securities referred to in paragraph (d) (3) of Rule 144, furnish full information with respect thereto.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

			Amount of	Gros
Name and Address of Seller	Title of Securities Sold	Date of Sale	Securities	Proc

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which have not been publicly disclosed.

01/25/2005

/s/ F. Brad Denardo

(DATE OF NOTICE)

(SIGNATURE)

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The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001).