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COLPO CH	ARLES C											
Form 4												
February 07,	2005											
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL			
CUNIVI 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287				
Check this box if no longer				<i>,</i>					Expires:	January 31,		
subject to	IGES IN BENEFICIAL OWN SECURITIES				NERSHIP OF	Estimated a	2005 Iverage					
Section 16.						burden hou						
Form 4 o			~		~ .		_		response	0.5		
Form 5 obligation	-						-	e Act of 1934,				
may cont				•	•	· ·		1935 or Section	n			
See Instru	uction	30(n)	of the In	vestment	Compan	y Ac	t of 194	-0				
1(b).												
(Print or Type I	Responses)											
1 Name and A	ddress of Reporting	Person *	2 Issue	Nomo ond	Tieker or	Tradi	20	5. Relationship of	Reporting Pers	son(s) to		
1. Name and Address of Reporting Person *2. IssuerCOLPO CHARLES CSymbol				r Name and Ticker or Trading				Issuer				
			•	S & MINOR INC/VA/ [OMI]								
(Last)	(First) (N	Middle)	3. Date of Earliest Transaction (Chec					(Chec)	ek all applicable)			
(Lust)	(1150) (1	(Induic)		/Day/Year)				Director 10% Owner				
4800 COX ROAD 02/09/2			-				X Officer (give title Other (specify					
0210312								below) below) Senior Vice President				
	(Street)		4 If Δme	ndment Da	te Origina	1		6 Individual or Io	int/Group Filir	og(Check		
				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)				
X Form filed b							_X_ Form filed by C	One Reporting Person				
GLEN ALLEN, VA 23060							Iore than One Re	porting				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Aca	uired, Disposed of	. or Beneficial	lv Owned		
1.Title of	2. Transaction Date	2A Dee		3.			_	5. Amount of	6. Ownership	-		
Security		med 3. 4. Securities Acquired on Date, if Transactior(A) or Disposed of (D)					Securities	Form: Direct				
(Instr. 3)		any		Code	Code (Instr. 3, 4 and 5)			Beneficially		Beneficial		
		Day/Year) (Instr. 8)					Owned Following	· · ·	Ownership (Instr. 4)			
						(\mathbf{A})		Reported	(insur i)	(indui i)		
						(A) or		Transaction(s)				
				Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Common	02/04/2005			А	656	А	\$ 28.85	17,608	D			
Common	02/04/2005			А	605	А	\$ 28.85	18,213	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title and A Underlying S (Instr. 3 and	Securities	8. Price of Derivative Security (Instr. 5)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common	<u>(1)</u>					(1)	(1)	Common	<u>(1)</u>	

Reporting Owners

Reporting Owner Name / Addr	Relationships							
	Director	10% Owner	Officer	Other				
COLPO CHARLES C 4800 COX ROAD GLEN ALLEN, VA 23060			Senior Vice President					
Signatures								
Charles C. Colpo	02/07/2005							

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Stock Option grants awarded from 4/15/97 to 4/28/04 with an exercise price of \$12.6875 to \$24.64 and expiration dates of 4/15/07/2010 to 4/28/11.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.