Silverman David Scott Form 5 April 09, 2019

Common

Stock

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FORM 5 OMB APPROVAL

	FORM	VI 5								OIVID A	FFROVAL	
UNITED STATES  Check this box if no longer subject				S SECURITIES AND EXCHANGE COMMISSION					OMB Number:	3235-0362		
				Washington, D.C. 20549						Expires:	January 31, 2005	
to Section 16. Form 4 or Form 5 obligations may continue.  ANNUAL ST				ATEMENT OF CHANGES IN BENE OWNERSHIP OF SECURITIES					FICIAL	Estimated average burden hours per response 1.0		
	See Instr 1(b). Form 3 I Reported Form 4 Transact Reported	Filed pu Holdings Section 17	(a) of the Pu		y Holdi	ng Com	pany	Act of		l		
1. Name and Address of Reporting Person * Silverman David Scott									5. Relationship of Reporting Person(s) to Issuer			
									(Check all applicable)			
(Last) (First) (Middle)			(	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018					_X_ Director _X_ Officer (give pelow)	titleOth below)	Owner er (specify	
	153 LAZY	LANE							Pres	ident & CEO		
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Reporting			
	(check applicable line)											
MORRISVILLE, VT 05661									_X_Form Filed by One Reporting Person Form Filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Table I -	Non-De	rivative S	ecuri	ties Acqu	ired, Disposed of,	or Beneficial	lly Owned	
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/	Code		(Instr. 3, 4 and 5)  (A) or		d of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	08/02/2018	Â	P		100	A	\$ 52.6	984	I	Wife, Janet Silverman	
	Common Stock	09/24/2018	Â	P		16	A	\$ 52.95	1,000	I	Wife, Janet Silverman	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option Right to Buy Common Stock	\$ 24	Â	Â	Â	Â	Â	12/17/2015	12/16/2021	Common Stock	3,000
Stock Option Right to Buy Common Stock	\$ 22	Â	Â	Â	Â	Â	12/18/2014	12/17/2020	Common Stock	2,000

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
<b>Fg</b>	Director	10% Owner	Officer	Other				
Silverman David Scott 153 LAZY LANE MORRISVILLE, VT 05661	ÂΧ	Â	President & CEO	Â				

## **Signatures**

/s/ David S. Silverman	04/03/2019		
**Signature of Reporting Person	Date		

Reporting Owners 2

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.