HEALTHWAYS, INC Form 8-K April 20, 2009 UNITED STATES							
SECURITIES AND EXCHANGE COMMISSION	SECURITIES AND EXCHANGE COMMISSION						
WASHINGTON, D.C. 20549							
FORM 8-K							
CURRENT REPORT							
Pursuant to Section 13 or 15(d) of the							
Securities Exchange Act of 1934							
Date of report (Date of earliest event reported): Apr	ril 20, 2009						
HEALTHWAYS, INC.							
(Exact name of registrant as specified in its charter)							
Delaware (State or other jurisdiction of	000-19364 (Commission	62-1117144 (IRS Employer					
incorporation)	File Number)	Identification No.)					
	The Number)	identification No.)					
701 Cool Springs Boulevard							
Franklin, Tennessee (Address of principal executive offices)		37067 (Zip Code)					
()		(—-F =====)					
(615) 614-4929							
(Registrant's telephone number, including area code	e)						

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (*see* General Instruction A.2. below):

- O Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- O Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- O Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- O Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 2.02 Results of Operations and Financial Condition.

On April 20, 2009, Healthways, Inc. issued a press release announcing earnings results for the quarter ended March 31, 2009, the text of which is attached hereto as Exhibit 99.1. This information furnished pursuant to this Item 2.02 and Exhibit 99.1 shall not be deemed filed for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the Exchange Act), and shall not be deemed to be incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act except as shall be expressly set forth by specific reference in such filing.

Item 9.01	. Financial	Statements	and	Exhibits.
-----------	-------------	------------	-----	-----------

(c)	Exhibits:	
١C.	, Lambito.	

Exhibit 99.1 Press Release.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

HEALTHWAYS, INC.

By:

/s/ Mary A. Chaput Mary A. Chaput Chief Financial Officer

Date: April 20, 2009

EXHIBIT INDEX

Exhibit 99.1 Press Release dated April 20, 2009