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LAU CONS Form 4 June 11, 20											
									OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549									3235-0287		
Check the check	ger	DOX						Expires:	January 31, 2005		
subject t Section Form 4	to SIAIEN 16.							Estimated a burden hou response	average urs per		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
LAU CONSTANCE H Symbol HAWA			Issuer Name and Ticker or Trading nbol				5. Relationship of Reporting Person(s) to Issuer				
			HAWAIIAN ELECTRIC INDUSTRIES INC [HE]				(Check all applicable)				
(Last)				te of Earliest Transaction hth/Day/Year)				_X_ Director10% Owner _X_ Officer (give titleOther (specify below) below)			
P.O. BOX	730	06/0	9/2010				President & CEO				
HONOLUI	(Street) LU, HI 96808-073	Fileo	Amendment, D l(Month/Day/Yea	-	l		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	One Reporting Pe	erson		
(City)	(State)	(Zip)	Table I - Non-	Derivative	Secur	ities Ac	equired, Disposed of	, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Transaction Date 2A. Deemed Month/Day/Year) Execution Date, if any (Month/Day/Year)		on(A) or Dis (D)	sposed	of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	06/09/2010		А	25,000 (1)	А	\$0	237,778.4523 (2)	D			
Common Stock							95 <u>(3)</u>	Ι	By 401k		
Common Stock							3,654.765 <u>(2)</u>	I	By custodian for son		
Common Stock							3,654.765 <u>(2)</u>	I	By custodian for son		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transact	ionNumber	Expiration D	ate	Amour	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 1	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
						Date	Expiration		or		
						Exercisable	Date	Title Ni	Number		
									of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
http://mg o when i where / i war ous	Director	10% Owner	Officer	Other				
LAU CONSTANCE H P.O. BOX 730 HONOLULU, HI 96808-0730	Х		President & CEO					
Signatures								
Connie Y. Chang, Atty-in-Fact H. Lau	tance	06/10/2010						

<u>**Signature of Reporting Person</u> Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Grant of 25,000 restricted stock units on June 9, 2010. Each restricted stock unit represents a contingent right to receive one share of HEI common stock. The restricted stock units vest four years after issuance, subject to certain exceptions.

Date

(2) Includes shares acquired under the Hawaiian Electric Industries, Inc. Dividend Reinvestment and Stock Purchase Plan.

(3) Represents shares held in the form of stock units in the HEI Common Stock fund pursuant to the Hawaiian Electric Industries Retirement Savings Plan as of June 9, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.