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GARRETT 7	THOMAS L										
Form 4											
June 29, 200	6										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									OMB APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check thi				0 /					Expires:	January 31,	
if no longer subject to STATEMENT OF CHANGES IN						BENEFICIAL OWNERSHIP OF				2005	
Section 16. Form 4 or				SECURITIES					Estimated average burden hours per response 0.5		
Form 5	Filed purs	uant to Secti	ion 16	(a) of the	Securiti	es Ez	cchang	ge Act of 1934,	100001001	0.0	
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a		lic Uti	lity Hold	ing Com	pany	Act o	f 1935 or Sectio	on		
(Print or Type F	Responses)										
GARRETT THOMAS L Symbo				2. Issuer Name and Ticker or Trading ymbol CASTLE A M & CO [CAS]				5. Relationship of Reporting Person(s) to Issuer			
					_	5]		(Cheo	ck all applicable	e)	
(Last)	(First) (M			Earliest Tra	nsaction						
3400 NORT	H WOLF ROAD		onth/Da /28/20	uy/Year) 06				Director X Officer (give below) Preside		6 Owner er (specify stics	
	(Street)	4. If	f Amen	dment, Dat	e Original			6. Individual or J	oint/Group Fili	ng(Check	
				h/Day/Year)	U			Applicable Line) _X_ Form filed by			
FRANKLIN	V PARK, IL 60131							Form filed by M Person	More than One R	eporting	
(City)	(State) (Zip)	Table	I - Non-De	erivative S	lecuri	ties Ac	quired, Disposed o	f, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		3.4. SecuritiesTransactionAcquired (A) orCodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5))	SecuritiesIBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	06/28/2006	06/28/2006	5	M	8,000	A		8,000	D		
Common Stock	06/28/2006	06/28/2006	5	S	8,000	D	\$ 28	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 5.21					10/23/2004	10/23/2013	Common Stock	6,000
Stock Options (Right to buy)	\$ 11					07/26/2002	07/26/2011	Common Stock	12,000
Stock Options (Right to buy)	\$ 16					07/22/2000	07/22/2009	Common Stock	5,000
Stock Options (Right to buy)	\$ 10	06/28/2006	06/28/2006	М	8,000	07/27/2001	07/27/2010	Common Stock	8,000

Reporting Owners

Reporting Owner Name / Addre	SS		Relationships					
	Director	10% Owner	Officer	Other				
GARRETT THOMAS L 3400 NORTH WOLF ROAL FRANKLIN PARK, IL 6013	President of Total Plastics							
Signatures								
Jerry M. Aufox	06/29/2006							

<u>**</u>Signature of Reporting Person

Date

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.