INC Research Holdings, Inc.

Form 4

Class A

08/31/2015

September 01, 2015

FORM 4 UNITED STATES SECURITIES AND EVCHANCE COMMISSION						OMB APPROVAL			
Washington, D.C. 20549							OMB Number:	3235-0287	
Check th if no long							Expires:	January 31,	
subject to Section 1 Form 4 o	6. STATEMENT (GES IN BENEFICIAL OWNERSHIP O SECURITIES				Estimated average burden hours per response 0.		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type]	Responses)								
1. Name and A Gaenzle Ch	Symbol					5. Relationship of Reporting Person(s) to Issuer			
		INC Research Ho	oldings, I	nc. [I	NCRJ	(Checl	k all applicable)	
(Last)	(First) (Middle)	3. Date of Earliest Tr	ansaction						
C/O INC RI INC., 3201 SUITE 600	(Month/Day/Year) 08/31/2015	· · · · · · · · · · · · · · · · · · ·				Director 10% OwnerX Officer (give title Other (specify below) CAO, GC & Sec			
			ndment, Date Original nth/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
RALEIGH,	NC 27604					Person	iore than One Re	porting	
(City)	(State) (Zip)	Table I - Non-D	erivative S	Securi	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	any	ion Date, if Transaction Code h/Day/Year) (Instr. 8)	4. Securit on(A) or Di (Instr. 3,	sposed 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Class A Common Stock	08/31/2015	M(1)	9,678	A	\$ 10.57	16,969	D		
Class A Common Stock	08/31/2015	S <u>(1)</u>	9,678	D	\$ 41.19 (2)	7,291	D		
Class A Common Stock	08/31/2015	M <u>(1)</u>	7,743	A	\$ 10.06	15,034	D		

 $S^{(1)}$

7,743 D \$

7,291

D

Common 41.13 (3) Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)	5. Number nof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy Class A Common Stock)	\$ 10.57	08/31/2015		M <u>(1)</u>	9,678	<u>(4)</u>	04/02/2022	Class A Common Stock	9,678
Stock Option (Right to Buy Class A Common Stock)	\$ 10.06	08/31/2015		M <u>(1)</u>	7,743	<u>(5)</u>	08/18/2023	Class A Common Stock	7,743

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
Gaenzle Christopher L C/O INC RESEARCH HOLDINGS, INC. 3201 BEECHLEAF COURT, SUITE 600 RALFIGH, NC 27604			CAO, GC & Sec			

Reporting Owners 2

Signatures

/s/ Gregory S. Rush, Attorney-in-Fact

09/01/2015

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 8, 2015.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$40.90 (2) to \$41.51, inclusive. The reporting person will provide to INC Research Holdings, Inc. (the "Issuer"), any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$40.92 (3) to \$41.56, inclusive. The reporting person will provide to Issuer,, any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- One half of the shares subject to this option vest yearly in five equal installments beginning on April 2, 2013, subject to continued employment. The other half of the shares subject to this option vest yearly in five equal installments beginning on December 31, 2013, subject to continued employment.
- One half of the shares subject to this option vest yearly in five equal installments beginning on August 18, 2014, subject to continued employment. The other half of the shares subject to this option vest yearly in five equal installments beginning on December 31, 2013, subject to continued employment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3