BYOM JOHN E Form 5 August 11, 2010

FORM 5

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0362 Number:

2005

1.0

no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box if

January 31, Expires:

Estimated average burden hours per

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

response...

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

BYOM JOHN E Symbol			Name and Ticker or Trading NGREDIENTS INC [MGPI]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M		ment for Issuer's Fiscal Year Ended /Day/Year) 2010				_X_ Director Officer (give below)	k all applicable) title 10% Owner title Other (specify below)		
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
Â							_X_ Form Filed by Form Filed by ! Person	One Reporting Pe		
(City)	(State)	Zip) Ta	ble I - Non-Der	ivative Sec	curitie	s Acqu	ired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, i any (Month/Day/Year	Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common	•	•		Amount	(D)	Price	· · · · · · · ·		•	
Stock	Â	Â	Â	Â	Â	Â	10,071	D	Â	
Common Stock	Â	Â	Â	Â	Â	Â	40,750.703 (1)	I	By ESPP	
-	ort on a separate line ficially owned directly		contained i	n this for	m are	not re	llection of infor equired to resp lid OMB contro	ond unless	SEC 2270 (9-02)	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Dat (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		Amount of Securities 4)	8 I S ((
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 9.09	Â	Â	Â	Â	Â	04/16/2005	10/15/2014	Common Stock	2,000	
Stock Option	\$ 10.45	Â	Â	Â	Â	Â	04/17/2006	10/14/2015	Common Stock	2,000	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
BYOM JOHN E	ÂΧ	Â	Â	Â			
Â							

Signatures

John E. Byom 08/11/2010

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 11,426.203 shares acquired between the period of 07/01/2009 and 6/30/2010 under ESPP in a transaction exempt under 16b-3(c).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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