Armour Residential REIT, Inc. Form 8-K July 31, 2014		
UNITED STATES SECURITIES AND EXCHANGE COM WASHINGTON, D.C. 20549	MMISSION	
FORM 8-K		
CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT	OF 1934	
Date of Report (Date of earliest event reported) July 31, 2014		
ARMOUR Residential REIT, Inc. (Exact Name of Registrant as Specified	in Its Charter)	
Maryland (State or Other Jurisdiction of Incorporation)	001-34766	26-1908763
	(Commission File Number)	(I.R.S. Employer Identification No.)
3001 Ocean Drive, Suite 201		32963
Vero Beach, Florida (Address of Principal Executive Offices)		(Zip Code)
(772) 617-4340 (Registrant's Telephone Number, Including Area Code)		
n/a (Former Name or Former Address, if Cl	hanged Since Last Report)	
Check the appropriate box below if the the registrant under any of the following		
[_] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
[_] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17CFR 240.14a-12)		
[_] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)		
[_] Pre-commencement communication	ons pursuant to Rule 13e-4(c) under the	Exchange Act (17 CFR 240.13e-4(c))

Item 2.02. Results of Operations and Financial Condition.

On July 31, 2014, ARMOUR Residential REIT, Inc. (the "Company") issued a press release announcing its financial results for the second fiscal quarter ended June 30, 2014. A copy of the press release is furnished as Exhibit 99.1 to this current report on Form 8-K.

The information furnished pursuant to this Item 2.02, including Exhibit 99.1, shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to liabilities under that section and shall not be deemed to be incorporated by reference into any filing of the Company under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

99.1 Press Release dated July 31, 2014

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: July 31, 2014

ARMOUR RESIDENTIAL REIT, INC.

By: /s/ James R. Mountain Name: James R. Mountain Title: Chief Financial Officer

Exhibit Index

Exhibit No. Description

99.1 Press Release dated July 31, 2014