STONE EDMOND C

Form 4

October 17, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

3235-0287 Number:

January 31, Expires: 2005

Estimated average burden hours per

5. Relationship of Reporting Person(s) to

Issuer

response... 0.5

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

1. Name and Address of Reporting Person *

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

STONE EDMOND C

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(Last) (First) (Middle) POBOX 10247			3. Date of Earliest Transaction (Month/Day/Year) 04/25/2005						Director 10% Owner Selow) Other (specify below) EVP, Ln Rsk Mgt/Credit Policy				
BIRMING	(Street) 4. If Amendment, Date Original Filed(Month/Day/Year) GHAM, AL 352020247							A - -	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tr - 1-	1. T N	· T	.	C						
	Table 1 - Non-Delivative Securities Acquired, Disposed of, or Deficiently Owned												
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Date, if	3. Transa Code (Instr.		4. Securition Dispose (Instr. 3, 4	ed of ((D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
~				Code	V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	04/25/2005			X		5,501	A	\$ 18.17	191,254	D			
Common Stock	08/15/2005			J <u>(1)</u>	V	22,525	D	\$ 0	167,434	D			
Common Stock	10/13/2005			X		13,271	A	\$ 22.603	180,705	D			
Common Stock									13,704	I	By Spouse		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)			
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Share
Phantom Stock Units (401k)	(2)	10/14/2005		J(2)	V	756		(2)	<u>(2)</u>	Common Stock	756
Stock Option	\$ 18.17	04/25/2005		X			5,501	01/03/1997	01/03/2006	Common Stock	5,501
Stock Option	\$ 25.66	08/01/2005		J(3)	V		15,432	02/19/2006	02/19/2010	Common Stock	15,432
Stock Option	\$ 28.17	08/01/2005		J(3)	V		32,922	<u>(4)</u>	04/21/2011	Common Stock	32,922
Stock Option	\$ 22.6	10/13/2005		X			13,271	01/16/2002	01/16/2011	Common Stock	13,271
Stock Option	\$ 18.17							01/03/1998	01/03/2006	Common Stock	1,612
Stock Option	\$ 31.39							10/09/1998	10/09/2007	Common Stock	4,876
Stock Option	\$ 33.48							04/09/1999	04/09/2008	Common Stock	32,408
Stock Option	\$ 28.88							08/30/2000	08/30/2009	Common Stock	32,408
Stock Option	\$ 25.66							02/19/2004	02/19/2010	Common Stock	30,865
Stock Option	\$ 25.66							02/19/2005	02/19/2010	Common Stock	15,433
Stock Option	\$ 16.28							03/15/2001	03/15/2010	Common Stock	67,933
	\$ 22.6							01/16/2003	01/16/2011		24,692

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Stock Option				Common Stock	
Stock Option	\$ 22.6	01/16/2004	01/16/2011	Common Stock	24,692
Stock Option	\$ 25.02	01/22/2003	01/22/2012	Common Stock	49,384
Stock Option	\$ 25.02	01/22/2004	01/22/2012	Common Stock	24,692
Stock Option	\$ 25.02	01/22/2005	01/22/2012	Common Stock	24,692

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

STONE EDMOND C P O BOX 10247 BIRMINGHAM, AL 352020247

EVP, Ln Rsk Mgt/Credit Policy

Signatures

By: Ronald C. 10/17/2005 Jackson

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Cancellation of restricted stock grant due to retirement
- (2) The reported phantom stock units were acquired under Regions' benefit plans.
- (3) Cancellation of stock option due to retirement
- (4) The option becomes exercisable in three equal installments on April 21, 2005, 2006 and 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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