STONE EDMOND C

Form 4

October 25, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL OMB

Number:

3235-0287 January 31,

Expires:

5. Relationship of Reporting Person(s) to

2005

0.5

Estimated average burden hours per

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

STONE EDMOND C			Symbol REGIONS FINANCIAL CORP [RF]					(Check all applicable)				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Check all applicable)				
P O BOX 10247			(Month/Day/Year) 10/21/2004					Director 10% Owner Selfow) Other (specify below) Chief Credit Officer				
(Street)			4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check				
				led(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Date, if	3. Transactic Code (Instr. 8)	4. Securit oppr Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	10/21/2004			X	12,037	A		196,232	D			
Common Stock	10/21/2004			F	6,895	D	\$ 34.405	189,337	D			
Common Stock								13,704	I	By Spouse		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

 $\label{thm:convertible} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of ionDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 12.96	10/21/2004		X		12,037	01/04/1996	01/04/2005	Common Stock	12,037
Phantom Stock Units (401k) (1)	\$ 0 (1)						<u>(1)</u>	<u>(1)</u>	Common Stock	4,048
Stock Option	\$ 18.17						01/03/1997	01/03/2006	Common Stock	10,734
Stock Option	\$ 18.17						01/03/1998	01/03/2006	Common Stock	1,612
Stock Option	\$ 31.39						10/09/1998	10/09/2007	Common Stock	4,876
Stock Option	\$ 33.48						04/09/1999	04/09/2008	Common Stock	32,408
Stock Option	\$ 28.88						08/30/2000	08/30/2009	Common Stock	32,408
Stock Option	\$ 25.66						02/19/2004	02/19/2010	Common Stock	30,865
Stock Option	\$ 25.66						02/19/2005	02/19/2010	Common Stock	15,433
Stock Option	\$ 25.66						02/19/2006	02/19/2010	Common Stock	15,432
Stock Option	\$ 16.28						03/15/2001	03/15/2010	Common Stock	67,933
Stock Option	\$ 22.6						01/16/2002	01/16/2011	Common Stock	49,384
Stock Option	\$ 22.6						01/16/2003	01/16/2011	Common Stock	24,692
	\$ 22.6						01/16/2004	01/16/2011		24,692

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Stock Option				Common Stock	
Stock Option	\$ 28.17	(2)	04/21/2011	Common Stock	49,384
Stock Option	\$ 25.02	01/22/2003	01/22/2012	Common Stock	49,384
Stock Option	\$ 25.02	01/22/2004	01/22/2012	Common Stock	24,692
Stock Option	\$ 25.02	01/22/2005	01/22/2012	Common Stock	24,692

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

STONE EDMOND C P O BOX 10247 BIRMINGHAM, AL 352020247

Chief Credit Officer

Signatures

By: Ronald C. 10/25/2004

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reported phantom stock units were acquired under Regions' benefit plans.
- (2) The option becomes exercisable in three equal installments on April 21, 2005, 2006 and 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3