City Office REIT, Inc. Form 4 July 18, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

Number:

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Expires:

January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and A Tylee Grego | address of Repo ory | rting Person * | 2. Issuer Name and Ticker or Trading Symbol | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
|----------------------------------|------------------------|----------------|--|--|--|--|--|
| | | | City Office REIT, Inc. [CIO] | | | | |
| (Last) | (First) | (Middle) | 3. Date of Earliest Transaction | | | | |
| | | | (Month/Day/Year) | Director 10% Owner | | | |
| 2010-1075 WEST GEORGIA STREET | | | 07/14/2016 | _X_ Officer (give title Other (specify | | | |
| | | | | below) below) President & COO | | | |
| | | | | President & COO | | | |
| (Street) | | | 4. If Amendment, Date Original | 6. Individual or Joint/Group Filing(Check Applicable Line) | | | |
| | | | Filed(Month/Day/Year) | | | | |
| | | | | _X_ Form filed by One Reporting Person | | | |
| VANCOUV | ER, A1 V6E | E 3C9 | | Form filed by More than One Reporting Person | | | |
| (City) | (State) | (Zip) | Table I - Non-Derivative Securities A | cquired, Disposed of, or Beneficially Owned | | | |
| 1 Title of | 2. Transaction | Date 2A Dee | med 3. 4. Securities Acquired | 5. Amount of 6. 7. Nature of | | | |

| (City) | (State) | (Zip) Tabl | le I - Non-I |)erivative | Securi | ities Ac | quired, Disposed | of, or Benefic | ially Owned | |
|--------------------------------------|--|------------------|--|---------------|------------------|-------------|--|--------------------------------------|--|--|
| 1.Title of Security (Instr. 3) | Security (Month/Day/Year) Execution Date | | 3. 4. Securities Acquired Transaction(A) or Disposed of Code (D) | | | | 5. Amount of Securities Beneficially | 6. Ownership Form: Direct | 7. Nature of Indirect Beneficial | |
| | | (Month/Day/Year) | (Instr. 8) Code V | (Instr. 3, 4 | (A) or (D) | 5) Price | Owned Following Reported Transaction(s) (Instr. 3 and 4) | (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) | |
| Common Stock | 07/14/2016 | 07/14/2016 | J | 64,403 (1) | D | \$0 | 0 | I | Through CIO REIT Stock Limited Partnership | |
| Common Stock | 07/14/2016 | 07/14/2016 | A | 36,538 (1) | A | \$0 | 148,689 | D | | |
| Common Stock | 07/14/2016 | 07/14/2016 | A | 3,312 (1) | A | \$0 | 3,312 | I | Through Spouse (2) | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of | 2. | 3. Transaction Date | 3A. Deemed | 4. | 5. | 6. Date Exerc | cisable and | 7. Title a | and | 8. Price of | 9. Nu |
|-------------|-------------|---------------------|--------------------|-------------|------------|-----------------|-------------|------------|--------|-------------|--------|
| Derivative | Conversion | (Month/Day/Year) | Execution Date, if | Transaction | orNumber | Expiration Date | | Amount | of | Derivative | Deriv |
| Security | or Exercise | | any | Code | of | (Month/Day/ | Year) | Underly | ing | Security | Secui |
| (Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) | Derivative | e | | Securitie | es | (Instr. 5) | Bene |
| | Derivative | | | | Securities | | | (Instr. 3 | and 4) | | Own |
| | Security | | | | Acquired | | | | | | Follo |
| | · | | | | (A) or | | | | | | Repo |
| | | | | | Disposed | | | | | | Trans |
| | | | | | of (D) | | | | | | (Instr |
| | | | | | (Instr. 3, | | | | | | |
| | | | | | 4, and 5) | | | | | | |
| | | | | | | | | | | | |
| | | | | | | | | | mount | | |
| | | | | | | Date | Expiration | 01 | | | |
| | | | | | | Exercisable | Date | | umber | | |
| | | | | | | | | of | | | |
| | | | | Code V | (A) (D) | | | S | hares | | |

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Tylee Gregory 2010-1075 WEST GEORGIA STREET VANCOUVER, A1 V6E 3C9

President & COO

Signatures

/s/ Gregory 07/18/2016 Tylee

**Signature of Date Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

L.P., GCC Amberglen L.P., Gibralt US, Inc. and CIO OP Limited Partnership (collectively, the "Second City Funds"), each a limited partner of City Office REIT Operating Partnership, L.P. (the "OP"), pursuant to which the Company issued shares of its common stock, par value \$0.01 per share ("Common Stock"), to the Second City Funds in exchange for tendered units of partnership interest in the OP. The shares of Common Stock then held by each of the Second City Funds were subsequently distributed to its limited partners, including the Reporting Person.

On July 14, 2016, City Office REIT, Inc. (the "Company") received a redemption request from each of Second City General Partner II,

The Reporting Person disclaims beneficial ownership of these securities as this report shall not be deemed an admission that the Reporting Person is the beneficial owner of these securities for the purposes of Section 16 or any other purpose.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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