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Form 4	DS PROPERTIES	INC								
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION									PPROVAL	
Washington, D.C. 20549								OMB Number:	3235-0287	
Check thi if no long subject to Section 10 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	er STATEM 6. Filed purs ¹⁸ Section 17(a	ENT OF CHAN uant to Section 1) of the Public U 30(h) of the In	Expires: Estimated a burden hou response	urs per						
(Print or Type R	lesponses)									
1. Name and A HARRIS MI	ddress of Reporting P ICHAEL E	Symbol	HIGHWOODS PROPERTIES INC				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
	(First) (M VOODS PROPER SMOKETREE CO	(Month/E TIES, 02/28/2	3. Date of Earliest Transaction (Month/Day/Year) 02/28/2014				Director 10% Owner X Officer (give title Other (specify below) below) Executive Vice President & COO			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
RALEIGH, 1							Person	viore than One Ke	eporting	
(City)	(State) (State)	Zip) Tab	le I - Non-D	erivative S	ecurit	ties Acq	uired, Disposed o	f, or Beneficial	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction(A) or Disposed of CodeSecurities BeneficiallyForm: Direct (D) or				Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	02/28/2014	02/28/2014	A	15,110	A	<u>(1)</u>	120,811	D		
Common Stock	03/01/2014	03/01/2014	F	4,316	D	<u>(2)</u>	116,495	D		
Common Stock	03/01/2014	03/01/2014	D	2,085	D	<u>(3)</u>	114,410	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 D S (]
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (right to buy)	\$ 37.71	02/28/2014	02/28/2014	А	20,483	<u>(4)</u>	02/28/2024	Common Stock	20,483	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
HARRIS MICHAEL E C/O HIGHWOODS PROPERTIES, INC. 3100 SMOKETREE COURT, SUITE 600 RALEIGH, NC 27604			Executive Vice President & COO			
Signatures						
/s/Willis B. Howard Attorney-in-fact for Mi Harris	chael E.		03/04/2014			
**Signature of Reporting Person			Date			
Explanation of Response	es:					

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock is granted by the Company and not purchased by the reporting person.
- (2) In accordance with the terms of the initial restricted stock award and in connection with the vesting of the award, the reporting person tendered a portion of the restricted stock award to the issuer in satisfaction of his tax liabilities.
- (3) Represents the number of shares forfeited under the Company's Long-Term Incentive Plan Total Shareholder Return Plan because the Company achieved above threshold, but not target, levels of performance relative to predetermined goals.
- (4) Options vest ratably over 4 years on March 1st of each year after the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.