#### AVID TECHNOLOGY INC

Form 4

December 17, 2004

# FORM 4 UNITED STA

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

January 31,

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**OMB APPROVAL** 

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: 2005
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response...

5. Relationship of Reporting Person(s) to

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

MILBURY PAUL J			Symbol				]	Issuer		
			AVID TECHNOLOGY INC [AVID]				[AVID]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction							
21 REAVE	D CTDEET		*	Day/Year)			-	Director 10% Owner X Officer (give title Other (specify		
21 BEAVER STREET			12/15/2004				_	below) below)  VP & Chief Financial Officer		
	4. If Amendment, Date Original				(	6. Individual or Joint/Group Filing(Check				
			Filed(Mo	onth/Day/Ye	ar)			Applicable Line)		
BOSTON,					-	_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ly Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)			3. 4. Securities Acquired (A) te, if Transactiom Disposed of (D)				Securities Ownership Indire	7. Nature of Indirect	
(Instr. 3)		any (Month/D	av/Year)	Code (Instr. 8)	(Instr. 3,	4 and	5)	Beneficially Owned	Form: Direct (D)	Beneficial Ownership
		(1.1011111)2	uj, rour)	iji (ilisti. 0)				Following	(Instr. 4)	
						(A)		Reported Transaction(s)	(I) (Instr. 4)	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)	,	
Common Stock	12/15/2004			M	452	A	\$ 18.5625	3,452	D	
Common Stock	12/15/2004			M	1,631	A	\$ 18.5625	5,083	D	
Common Stock	12/15/2004			M	312	A	\$ 14.13	5,395	D	
Common Stock	12/15/2004			M	833	A	\$ 22.01	6,228	D	
Common Stock	12/15/2004			S	200	D	\$ 59.69	6,028	D	

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Common Stock	12/15/2004	S	934	D	\$ 59.65	5,094	D
Common Stock	12/15/2004	S	122	D	\$ 59.6313	4,972	D
Common Stock	12/15/2004	S	22	D	\$ 59.64	4,950	D
Common Stock	12/15/2004	S	250	D	\$ 59.67	4,700	D
Common Stock	12/15/2004	S	1,200	D	\$ 59.68	3,500	D
Common Stock	12/15/2004	S	200	D	\$ 59.69	3,300	D
Common Stock	12/15/2004	S	200	D	\$ 59.77	3,100	D
Common Stock	12/15/2004	S	100	D	\$ 59.84	3,000	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year)		7. Title and Am Underlying Sec (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	or No of Sh
Incentive Stock Option (right to buy)	\$ 18.5625	12/15/2004		M	452	06/14/2001(1)	12/14/2010	Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 18.5625	12/15/2004		M	1,631	06/14/2001(1)	12/14/2010	Common Stock	1
	\$ 14.13	12/15/2004		M	312	09/06/2002(1)	03/06/2012		

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Non-Qualified Stock Option (right to buy)						Common Stock
Non-Qualified Stock Option (right to buy)	\$ 22.01	12/15/2004	М	833	07/10/2003(1) 01/10/2013	Common Stock

### **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

MILBURY PAUL J 21 BEAVER STREET BOSTON, MA 02108

VP & Chief Financial Officer

## **Signatures**

Paul J. Milbury

12/16/2004

\*\*Signature of Date
Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 12.5% of the option becomes exercisable on the date listed in the "Date Exercisable" column; the remaining 87.5% becomes exercisable in 42 equal monthly installments thereafter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3