UNITED STATES

SECURITIES AN	D EXCHANGE CO	OMMISSION
•	Washington, DC 20549	
	FORM 8-K	
	CURRENT REPORT	
Pursuant to Section 13 O	OR 15(d) of the Securities Exch	nange Act of 1934
Date of Report (Dat	e of earliest event reported): Novem	per 2, 2004
	ns & Minor, Inc	
(Exact nan	ne of registrant as specified in its charter)	
Virginia (State or other jurisdiction	1-9810 (Commission File Number)	54-1701843 (IRS Employer
of incorporation)		Identification No.)
4800 Cox Road, Glen Allen, Virginia (Address of principal executive offices)		23060 (Zip Code)

 $Registrant \ \ s \ telephone \ number, including \ area \ code \ (804) \ 747-9794$

(Former name or former address, if changed since last report)		
	ck the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligations of the registrant under any of following provisions (See General Instructions A.2. below):	
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)	
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)	
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))	
	Pre-commencement communications pursuant to Rule 13e-4 (c) under the Exchange Act (17 CFR 240.13e-4 (c))	

Item 5.02. Departure of Directors or Principal Officers; Election of Directors; Appointment of Principal Officers.

(c) Effective January 1, 2005, the Registrant has appointed Scott W. Perkins, age 48, as its Senior Vice President, Sales and Distribution. In this position, Perkins will oversee management and sales for the Registrant s 42 distribution facilities and report to the President and Chief Operating Officer. Perkins, who joined Owens & Minor in 1987, served as Area Director of Operations, Mountain States from December 1999 to March 2002, Area Vice President, Mountain States from March 2002 to March 2004 and Regional Vice President, West from March 2004 through the present. Mr. Perkins will continue to be an at-will employee of the Registrant but will be eligible to participate in the benefits and programs available to other senior-level officers.

Attached as an exhibit hereto is the press release issued by the Registrant on November 2, 2004 announcing Mr. Perkin s appointment.

Item 9.01. Financial Statements and Exhibits.

- (c) Exhibits.
- 99.1 Press Release by Registrant on November 2, 2004.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

OWENS & MINOR, INC.

Date: November 2, 2004 By: /s/ Grace R. den Hartog

Name: Grace R. den Hartog

Title: Senior Vice President, General Counsel and

Corporate Secretary

Exhibit Index

Exhibit No.	Description
99.1	Press Release by Registrant on November 2, 2004.