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CONTINENTAL RESOURCES Form 4 May 23, 2014	S, INC							
FORM 4 UNITED ST						PPROVAL		
Check this box	TATES SECURITI Washing	ES AND EXCH gton, D.C. 2054		COMMISSION	Number:	3235-0287 January 31,		
if no longer subject to Section 16. Form 4 or Form 5 Eiled pursuant to Section 16(a) of the Securities Exchange Act of 1934					Expires: Estimated a burden hou response	2005 average irs per		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								
(Print or Type Responses)								
1. Name and Address of Reporting Per MCCAIN ELLIS L	ne and Ticker or Tra	Issuer	Relationship of Reporting Person(s) to uer (Check all applicable)					
(Month/Dav/Year)				X Director Officer (give below)	e title 10% Owner Other (specify below)			
(Street)	4. If Amendme Filed(Month/Da	ent, Date Original 19/Year)	Applicable Line) _X_ Form filed by (by One Reporting Person				
OKLAHOMA CITY, OK 7312	6			Form filed by M Person	Iore than One Ro	eporting		
(City) (State) (Zi	p) Table I - I	Non-Derivative Sec	curities Ac	quired, Disposed of	f, or Beneficial	lly Owned		
(Instr. 3)	Execution Date, if Tra any Coo (Month/Day/Year) (Ins	de Disposed o str. 8) (Instr. 3, 4	A) or f (D)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common 05/23/2014 Stock	А	A 2,000 A	A \$0	24,222 <u>(1)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Tit Amou Unde: Secur (Instr	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MCCAIN ELLIS L P.O. BOX 268836 20 N. BROADWAY OKLAHOMA CITY, OK 73126	Х						
Signatures							
/s/ Eric S. Eissenstat, Attorney-in-Fact		05/27/2014					
<u>*</u> Signature of Reporting Person		Date					

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 4,723 shares of restricted common stock which vest on May 25, 2015; 2,500 shares of restricted common stock which vest on May 15, 2016; and 2,000 shares of restricted common stock which vest on May 15, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.