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CONTINEN Form 4 March 11, 2	NTAL RESOURC	CES INC											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB													
	UNITED	STATES						IGE (COMMISSION	OMB Number:	3235-0287		
Check t		washington, D.C. 20549											
if no lor subject Section Form 4 Form 5		F CHANGES IN BENEFICIAL OWNERSHIP SECURITIES							Expires: Estimated burden ho response.	ours per			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940													
(Print or Type	Responses)												
1. Name and Address of Reporting Person <u>*</u> Hamm Harold			2. Issuer Name and Ticker or Trading Symbol CONTINENTAL RESOURCES INC						5. Relationship of Reporting Person(s) to Issuer				
		[CLR]	LINLIN	IAI	LICLOU	KCL.	5 IIIC	(Check all applicable)					
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year)						_X_ Director _X_ 10% Owner _X_ Officer (give title Other (specify				
				03/09/2011					below) below) CEO & Chairman				
				If Amendment, Date Original iled(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line)				
ENID, OK 73702				(Monul/Day/Teat)					_X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tab	ole I - N	on-I	Derivative S	Securit	ies Acq	uired, Disposed o	f, or Benefici	ally Owned		
1.Title of	2. Transaction Date	2A. Deen		3.		4. Securiti			5. Amount of	6.	7. Nature of		
Security (Month/Day/Year) Execution Date, if (Instr. 3) (Month/Day/Year) (Month/Day/Year)			if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)					Securities Beneficially Owned Following	Ownership Form: Direct (D) or Indirect (I)	Indirect Beneficial Ownership (Instr. 4)			
				Code	V	Amount	(A) or	Drian	Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)			
				Coue	v	Amount	(D)	Price			Revocable		
Common Stock	05/14/2010			G		3,000	D	\$0	123,750,708 (1)	Ι	Inter Vivos Trust of Harold G. Hamm (2)		
Common Stock	03/09/2011			S	V	750,000	D	\$ 68	123,000,708 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title a	and	8. Price of	9. Nu
Derivative	e Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amount	of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ing	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									mount		
						Date	Expiration	01			
						Exercisable	Date	Title Number			
								of			
				Code V	(A) (D)			S	hares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Hamm Harold P. O. BOX 1032 302 N. INDEPENDENCE ENID, OK 73702	X	Х	CEO & Chairman					
Signatures								
/s/ Donald P. Fischbach, Attorn	/2011							

/s/ Donald P. Fischbach, Attorney 03/11/2011 in Fact

<u>**Signature of Reporting Person</u>

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 68,000 shares of restricted common stock which vest October 5, 2011; 68,000 shares of restricted common stock which vest October 5, 2012; and 67,000 shares of restricted common stock which vest November 15, 2013.
- (2) Mr. Hamm holds the shares through the Revocable Inter Vivos Trust of Harold G. Hamm, for which Mr. Hamm is the sole beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.