Edgar Filing: YUREK GREGORY J - Form 4

YUREK GR Form 4 September ()													
FORM										OMB AF	PROVAL		
	4 UNITED S	STATES						NGE C	OMMISSION	OMB Number:	3235-0287		
Check the			Washington, D.C. 20549							Expires:	January 31,		
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF Estimate Section 16. SECURITIES							Estimated a burden hour response	•					
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940													
(Print or Type	Responses)												
YUREK GREGORY J Symbol AMERI			r Name and Ticker or Trading					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(T i)		6 . 1. 11. \	CORP /	L		-			V D'	100	0		
(Last)	(Last) (First) (Middle) 3. Date of (Month/Da				Earliest Transaction ay/Year)				X Director 10% Owner X Officer (give title Other (specify below) below)				
64 JACKSON ROAD 09/01/2009									Chairman, President and CEO				
Filed(Mont				ndment, Date Original nth/Day/Year)					 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
DEVENS, 1	MA 01434								Person				
(City)	(State)	(Zip)	Tabl	e I - Non-	-De	erivative	Securi	ities Acqu	uired, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)		ransaction Date 2A. Deemed nth/Day/Year) Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial Ownership		
									Owned Following Reported Transaction(s)	Indirect (I) (Instr. 4)	(Instr. 4)		
Common				Code	V	Amount		Price	Following Reported	Indirect (I)			
Common Stock	09/01/2009			Code M <u>(1)</u>	v	Amount 7,925	or	Price \$ 7.81	Following Reported Transaction(s) (Instr. 3 and 4)	Indirect (I)			
	09/01/2009 09/01/2009				V		or (D)		Following Reported Transaction(s) (Instr. 3 and 4) 0	Indirect (I) (Instr. 4)			
Stock Common				M <u>(1)</u>	V	7,925	or (D) A	\$ 7.81	Following Reported Transaction(s) (Instr. 3 and 4) 0	Indirect (I) (Instr. 4) D			
Stock Common Stock Common	09/01/2009			M <u>(1)</u> S <u>(1)</u>	V	7,925 550	or (D) A D	\$ 7.81 \$ 32.5 \$	Following Reported Transaction(s) (Instr. 3 and 4) 0 0 0	Indirect (I) (Instr. 4) D			

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Common Stock	09/01/2009	S <u>(1)</u>	2,100	D	\$ 32.3	0	D
Common Stock	09/01/2009	S <u>(1)</u>	2,000	D	\$ 32.2	0	D
Common Stock	09/01/2009	S <u>(1)</u>	300	D	\$ 31.9	0	D
Common Stock	09/01/2009	S <u>(1)</u>	1,450	D	\$ 31	0	D
Common Stock	09/01/2009	S <u>(1)</u>	100	D	\$ 30.98	0	D
Common Stock	09/01/2009	S <u>(1)</u>	200	D	\$ 30.96	0	D
Common Stock	09/01/2009	S <u>(1)</u>	350	D	\$ 30.94	0	D
Common Stock	09/01/2009	S <u>(1)</u>	500	D	\$ 30.93	0	D
Common Stock	09/01/2009	S <u>(1)</u>	700	D	\$ 30.92	0	D
Common Stock	09/01/2009	S <u>(1)</u>	400	D	\$ 30.91	0	D
Common Stock	09/01/2009	S <u>(1)</u>	850	D	\$ 30.9	0	D
Common Stock	09/01/2009	S <u>(1)</u>	1,500	D	\$ 30.8	0	D
Common Stock	09/01/2009	S <u>(1)</u>	300	D	\$ 30.79	0	D
Common Stock	09/01/2009	S <u>(1)</u>	200	D	\$ 30.78	0	D
Common Stock	09/01/2009	S <u>(1)</u>	1,500	D	\$ 30.75	177,140 <u>(2)</u>	D
Common Stock						752 (3)	Ι

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

By 401(k) Plan

Reporting Owners

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Dependence of the secure of th	rities ired r osed of : 3, 4,	6. Date Exerc Expiration D (Month/Day/	ate	7. Title and A Underlying S (Instr. 3 and 4	Securities
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option(Right to buy)	\$ 7.81	09/01/2009		M <u>(1)</u>		7,925	(4)	04/23/2012	Common Stock	7,925

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
YUREK GREGORY J 64 JACKSON ROAD DEVENS, MA 01434	Х		Chairman, President and CEO				
Signaturas							

Signatures

/s/ Gregory J. Yurek	09/03/2009		
<u>**</u> Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The stock option exercise and sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 Plan.
- (2) Following all the transactions reported on this Form 4, the reporting person holds 177,140 shares directly.
- (3) Following all the transactions reported on this Form 4, the reporting person holds 752 shares indirectly through the company's 401(k) plan as of July 31, 2009.
- (4) The option was fully vested as of April 23, 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.