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CHOICE HOTELS INTERNATIONAL INC /DE

Form 4

February 17, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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Expires:

January 31, 2005

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading ROTHFELD DANIEL K Issuer Symbol CHOICE HOTELS (Check all applicable) INTERNATIONAL INC /DE [CHH] (Last) (First) (Middle) 3. Date of Earliest Transaction Director 10% Owner _X__ Officer (give title Other (specify (Month/Day/Year) below) below) 10750 COLUMBIA PIKE 02/16/2006 Senior Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting SILVER SPRING, MD 20901 Person

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secui	rities Acquir	ed, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	omr Dispos (Instr. 3, 4	ed of (4 and 5 (A) or	5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/16/2006		Code V M	Amount 31	(D)	Price \$ 8.375	50,044	D	
Common Stock	02/16/2006		M	11,750	A	\$ 6.405	61,794	D	
Common Stock	02/16/2006		M	16,200	A	\$ 10.5825	77,994	D	
Common Stock	02/16/2006		M	16,192	A	\$ 10.1975	94,186	D	
Common Stock	02/16/2006		M	1,620	A	\$ 29.92	95,806	D	

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Common Stock	02/16/2006	M	1,080	A	\$ 29.92	96,886	D	
Common Stock	02/16/2006	M	6,750	A	\$ 10.5825	103,626	D	
Common Stock	02/16/2006	M	3,312	A	\$ 10.1975	106,948	D	
Common Stock						1,910	I	401 (k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1474 Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed or (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option	\$ 8.375	02/16/2006		M	31	<u>(1)</u>	02/07/2010	Common Stock	31	
Employee Stock Option	\$ 6.405	02/16/2006		M	11,750	(1)	05/03/2010	Common Stock	11,750	
Employee Stock Option	\$ 10.5825	02/16/2006		M	16,200	(1)	02/07/2012	Common Stock	16,200	
Employee Stock Option	\$ 10.1975	02/16/2006		M	16,192	(1)	02/10/2013	Common Stock	16,192	
Employee Stock Option	\$ 29.92	02/16/2006		M	1,620	<u>(1)</u>	02/14/2015	Common Stock	1,620	
Employee Stock	\$ 29.92	02/16/2006		M	1,080	<u>(1)</u>	02/14/2015	Common Stock	1,080	

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Employee Stock Option	\$ 10.5825	02/16/2006	M	6,750	<u>(1)</u>	02/07/2012	Common Stock	6,750
Employee Stock Option	\$ 10.198	02/16/2006	M	3,312	<u>(1)</u>	02/10/2013	Common Stock	3,312

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

ROTHFELD DANIEL K 10750 COLUMBIA PIKE SILVER SPRING, MD 20901

Senior Vice President

Signatures

Daniel Rothfeld 02/17/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in five equal installments beginning on the first anniversary of the grant date.

Remarks:

This is the first of two filings for transactions on this date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3