MONMOU Form 4	TH REAL ESTAT	ΓΕ INVE	STMEN	IT COR	Р								
September	16, 2016												
FORM			GEGU	DUDIDO				NCE	COMMERIO	N T		B APPRO	/AL
	UNITED	STATES				D.C. 20		NGE	COMMISSIO		OMB Number:	•	5-0287
Check this box if no longer subject to Section 16. Form 4 or			F CHANGES IN BENEFICIAL OW SECURITIES						Estima burder			ed average nours per	ary 31, 2005 e 0.5
Form 5 obligation may con See Inst 1(b).	Filed pur ons htinue. Section 17(a) of the	Public U	Jtility H	olc		npan	y Act	nge Act of 1934 of 1935 or Sect 940	,	response	.	0.5
(Print or Type	Responses)												
n			2. Issuer Name and Ticker or Trading Symbol MONMOUTH REAL ESTATE INVESTMENT CORP [MNR]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(T)						-	INK	J	W D'				
(Last) 3499 RT. 9	(First) (1) NORTH, SUITE	Middle) 3D		of Earliest Day/Year 2016		ansaction			X Director X Officer (g below) Cha				
				Ionth/Day/Year) App				Applicable Line)	. Individual or Joint/Group Filing(Check .pplicable Line) X_ Form filed by One Reporting Person				
FREEHOL	.D, NJ 07728								Form filed by Person	y Mo	re than One	e Reporting	
(City)	(State)	(Zip)	Tab	ble I - Nor	n-D	Derivative	Secu	rities A	cquired, Disposed	l of, d	or Benefi	cially Owr	ied
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			 3. 4. Securities Acquired f Transactior(A) or Disposed of Code (D) r) (Instr. 8) (Instr. 3, 4 and 5) 				SecuritiesOwBeneficiallyFoOwnedDirFollowingorReported(I)Transaction(s)(In		wnership Indirect orm: Beneficial irect (D) Ownership Indirect (Instr. 4)		1	
				Code V	V	Amount	(D)	Price	(Instr. 3 and 4)				
MNR Common Stock	09/14/2016			А		40,000 (1)	A	\$0	845,356.129 (2)	D			
MNR Common Stock									154,405	I		Eugene Landy a Gloria I Family Foundat	ind Landy
MNR Common Stock									34,840.66 <u>(3)</u>	Ι		Juniper Associa	

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MNR Common Stock						27,521.03 (4	<u>)</u> I	Windsor Industria Park Associate		
MNR Common Stock						97,913.57	I	Spouse		
MNR Common Stock						192,293.62	I	Landy & Landy Employe Pension l	es'	
MNR Common Stock						13,048	Ι	Landy Investme Ltd.	ents,	
MNR Common Stock						225,426.819) I	Landy & Landy Employe Profit Sharing I	es'	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not information contained in this form are not information contained to respond unless the form displays a currently valid OMB control number. (9-02) Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) (9-02)										
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed	4. 5. TransactionNumber Code of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pı Deri Secı (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Qualified Stock Option to Purchase MNR Common	\$ 10.37					01/05/2017	01/05/2024	MNR Common Stock	65,000	

Stock					
Qualified Stock Option to Purchase MNR Common Stock	\$ 11.16	01/05/2016	01/05/2023	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 8.94	01/03/2015	01/03/2022	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 10.46	01/03/2014	01/03/2021	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 9.33	01/03/2013	01/03/2020	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 8.72	01/03/2012	01/03/2019	MNR Common Stock	65,000
Qualified Stock Option to Purchase Common Stock	\$ 7.22	01/05/2011	01/05/2018	MNR Common Stock	65,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LANDY EUGENE W 3499 RT. 9 NORTH SUITE 3D	Х		Chairman of the Board					

FREEHOLD, NJ 07728

Signatures

Eugene W. Landy

09/16/2016

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted Stock Issuance: Vesting Schedule: 20% each year for a 5-year period commencing on 9/14/17.
- (2) Includes 178.851 Dividend Reinvestment Shares acquired on 9/15/16.
- (3) Includes 520.00 shares acquired under the Dividend Reinvestment and Stock Purchase Plan.
- (4) Includes 410.78 shares acquired under the Dividend Reinvestment and Stock Purchase Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.