### Edgar Filing: MITCHELL PAUL J - Form 4

MITCHELI	L PAUL J									
Form 4										
April 02, 20										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL	
Check this box							OMB Number:	3235-0287		
if no lon	ner					LOW		Expires:	January 31, 2005	
Section	subject to Section 16. Form 4 or						NEKSHIP OF	Estimated a burden hou response	verage	
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type	Responses)									
1. Name and Address of Reporting Person *       2. Issuer         MITCHELL PAUL J       Symbol			er Name <b>and</b> Ticker or Trading				5. Relationship of Reporting Person(s) to Issuer			
	es plc. [ALKS]				(Check all applicable)					
(Last)	(First) (Middle	,	f Earliest Transaction							
CONNAU( BURLING	(Month/E 04/01/2	2019 -				X_Director10% Owner Officer (give titleOther (specify below) below)				
(Street) 4. If Amer			endment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(Mor			nth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
DUBLIN 4 IRELAND Person										
(City) (State) (Zip) <b>Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned</b>										
1.Title of Security (Instr. 3)	any	ecution Date, if	Date, if Transaction(A) or Disposed of Code (Instr. 3, 4 and 5) ty/Year) (Instr. 8) (A) or		d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
			Coue v	Amount	(D)	Thee			The Paul	
Ordinary Shares	04/01/2019		M <u>(1)</u>	1,000	А	\$ 8.98	1,000	Ι	J. Mitchell Trust <u>(2)</u>	
Ordinary Shares	04/01/2019		S <u>(3)</u>	1,000	D	\$ 36.64	0	Ι	The Paul J. Mitchell Trust (2)	
Ordinary Shares							8,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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# required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	TransactionDerivativeCodeSecurities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (Ii
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Non Qualified Stock Option (Right to Buy)	\$ 8.98	04/01/2019		M <u>(1)</u>		1,000	<u>(4)</u>	10/06/2019	Ordinary Shares	1,000	

# **Reporting Owners**

Reporting Owner Name / Address		Relationsh				
	Director	10% Owner	Officer	Other		
MITCHELL PAUL J CONNAUGHT HOUSE 1 BURLINGTON ROAD DUBLIN 4 IRELAND	Х					
Signatures						
/s/ Jennifer Baptiste, attorney-i Mitchell		04/02/2019				
<u>**</u> Signature of Reporting		Date				

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option exercise was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on 12/12/17.

The reporting person and his wife are co-trustees of The Paul J. Mitchell Trust and the reporting person is also a beneficiary of The Paul
(2) J. Mitchell Trust originally established on November 19, 2014 and amended and restated on September 8, 2017 ("The Paul J. Mitchell Trust").

(3) This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on 12/12/17.

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(4) These options are fully vested in accordance with their terms.

(5) These options were transferred from the reporting person to The Paul J. Mitchell Trust on December 11, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.