Edgar Filing: CAVANNA ANTHONY J - Form 4

CAVANNA Form 4	ANTHONY J									
March 31, 2										
FORM	14 UNITED S	STATES SECUR				NGE C	OMMISSION	OMB APPROVAL		
Check th	nis box	Was	shington,	D.C. 20	549			Number:	3235-0287 January 31	
if no lon subject to Section	o statem	IENT OF CHAN	GES IN I SECUR		NERSHIP OF	Expires: Estimated a burden hou	2005 average			
Form 4 c Form 5 obligation may con <i>See</i> Instr 1(b).	Filed purs Section 17(a	suant to Section 1 a) of the Public Ut 30(h) of the In	tility Hold	ling Con	npany	y Act of	1935 or Section	response	0.5	
(Print or Type	Responses)									
	Address of Reporting I A ANTHONY J	Symbol	r Name and CO INC [⁷		Tradi	ng	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N		f Earliest Tr	-			(Check all applicable)			
160 EXETER DRIVE03/30/2005							X_ Director 10% Owner Officer (give title Other (specify below)			
WINCHES	(Street) TER, VA 22603-8	Filed(Mor	ndment, Da nth/Day/Year	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	one Reporting Pe	rson	
(City)	(State)	(Zip) Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	03/30/2005	03/30/2005	S	200	D	\$ 44.2	1,373,252	D		
Common Stock	03/30/2005	03/30/2005	S	150	D	\$ 44.24	1,373,102	D		
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 44.25	1,373,002	D		
Common Stock	03/30/2005	03/30/2005	S	300	D	\$ 44.26	1,372,702	D		
Common Stock	03/30/2005	03/30/2005	S	200	D	\$ 44.31	1,372,502	D		
	03/30/2005	03/30/2005	S	100	D		1 372 402	D		

Common Stock						\$ 44.34
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,372,302 D
Common Stock	03/30/2005(1)	03/30/2005	S	100	D	\$ 1,372,202 D
Common Stock	03/30/2005	03/30/2005	S	200	D	\$44.4 1,372,002 D
Common Stock	03/30/2005	03/30/2005	S	200	D	\$ 1,371,802 D
Common Stock	03/30/2005	03/30/2005	S	200	D	\$ 1,371,602 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,371,502 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,371,402 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,371,302 D
Common Stock	03/30/2005	03/30/2005	S	200	D	\$ 1,371,102 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$44.6 1,371,002 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,370,902 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,370,802 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,370,702 D
Common Stock	03/30/2005	03/30/2005	S	100	D	\$ 1,370,602 D

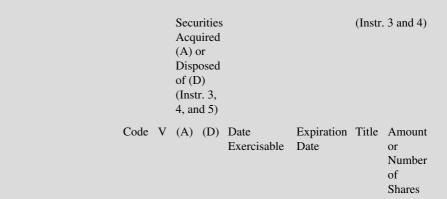
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene

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Reporting Owners

Derivative

Security

Reporting Owner Name / Ad	dress	Relationships							
F8		Director	10% Owner	Officer	Other				
CAVANNA ANTHONY J 160 EXETER DRIVE WINCHESTER, VA 22603	3-8605	X							
Signatures									
Lynn E. MacDonald 03/31/2		2005							
**Signature of Reporting Person	Dat	e							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Additional transactions by the reporting person for this date are being reported on a separate Form 4.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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