Aeterna Zentaris Inc. Form 6-K March 30, 2011

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# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## FORM 6-K

### REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13A-16 OR 15D-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of March 2011

Commission file number 0-30752

# ÆTERNA ZENTARIS INC.

1405, boul. du Parc-Technologique Québec, Québec Canada, G1P 4P5

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F ý Form 40-F o

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1): o

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7): o

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes o No ý

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-

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## DOCUMENTS INDEX

Documents	Description
99.1	Registrant's Management Information Circular dated March 24, 2011 for its Annual and Special Meeting of Shareholders to be held on May 18, 2011
99.2	Form of Proxy

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### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

#### ÆTERNA ZENTARIS INC.

Date: March 30, 2011

By: /s/ Dennis Turpin

Dennis Turpin Senior Vice President and Chief Financial Officer QuickLinks

DOCUMENTS INDEX SIGNATURE