NATIONAL HEALTHCARE CORP Form 5 February 07, 2014 FORM 5

February 07, 2014						
FORM 5				OMB A	PPROVA	L
	UNITED STATES	SECURITIES AND EXCHANGE ( Washington, D.C. 20549	OMB Number:	3235-0 Januar		
no longer subject			Expires:	-	2005	
to Section 16. Form 4 or Form 5 obligations may continue.		ATEMENT OF CHANGES IN BEN OWNERSHIP OF SECURITIES	Estimated average burden hours per response		1.0	
See Instruction 1(b). Form 3 Holdings <b>S</b> Reported Form 4 Transactions Reported	ection 17(a) of the	Section 16(a) of the Securities Exchang Public Utility Holding Company Act o of the Investment Company Act of 19	f 1935 or Section			
1. Name and Address of SWAFFORD CHA	1 0 -	2. Issuer Name and Ticker or Trading Symbol NATIONAL HEALTHCARE CORP	5. Relationship of l Issuer	Reporting Per	son(s) to	

[NHC] (Last) (First) (Middle) 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2013 100 VINE STREET, SUITE 1100 (Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

(Check all applicable)

Director 10% Owner \_X\_\_ Officer (give title \_ Other (specify below) below) Sr. Vice President & Treasurer

6. Individual or Joint/Group Reporting

(check applicable line)

## MURFREESBORO, TNÂ 37130

\_X\_ Form Filed by One Reporting Person Form Filed by More than One Reporting Person

(City)	(State) (Zi	(Zip) Table I - Non-Deriva			ative Securities Acquired, Disposed of, or Beneficially Owned						
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquirec Disposec (Instr. 3, Amount	l (A) of l of (E 4 and (A) or	))	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Shares of Common Stock	06/04/2013	Â	G	4,900	D	\$0	147,575	D	Â		
Shares of Common Stock - RCS Trust	06/04/2013	Â	G	4,900	A	\$ 0	61,548	I	Trustee		
Shares of Series A	Â	Â	Â	Â	Â	Â	5,041	D	Â		

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Convertib Preferred Stock Shares of Series A Convertib Pref. Stock RCS Trus	le Â k -	Â	Â	Â	ÂÂ	147,937	Ι	Trustee	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.SEC 2270 (9-02)									
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. 6. Date Exercisable and Number Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to Purchase Common Stock	\$ 46.69	Â	Â	Â	Â	12/04/2012	02/29/2016	Common Stock	48,000
Renor	tina O	wnore							

## **Reporting Owners**

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				
SWAFFORD CHARLOTTE A 100 VINE STREET, SUITE 1100 MURFREESBORO, TN 37130		Â	Â	Sr. Vice President & Treasurer	Â			
Signatures								
Charlotte A. Swafford	02/03/2014							
<u>**</u> Signature of Reporting Person	Date							

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.