ROTHFELD DANIEL K

Form 4

August 01, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287

0.5

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

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Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** ROTHFELD DANIEL K			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			CHOICE HOTELS INTERNATIONAL INC /DE [CHH]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	Director 10% OwnerX_ Officer (give title Other (specify below)			
10750 COLUMBIA PIKE (Street)			07/28/2005	Senior Vice President			
			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
SILVER SPRI	NG, MD 20	901	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit omr Dispos (Instr. 3,	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/27/2005	07/28/2005	Code V M	Amount 12,000	(D)	Price \$ 16.875	36,177	D	
Common Stock	07/27/2005	07/28/2005	M	5,000	A	\$ 16.75	41,177	D	
Common Stock	07/27/2005	07/28/2005	S	100	D	\$ 64.87	41,077	D	
Common Stock	07/27/2005	07/28/2005	S	500	D	\$ 64.88	40,577	D	
Common Stock	07/27/2005	07/28/2005	S	700	D	\$ 64.89	39,877	D	

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Common Stock	07/27/2005	07/28/2005	S	800	D	\$ 64.9	39,077	D	
Common Stock	07/27/2005	07/28/2005	S	300	D	\$ 64.91	38,777	D	
Common Stock	07/27/2005	07/28/2005	S	100	D	\$ 64.93	38,677	D	
Common Stock	07/27/2005	07/28/2005	S	300	D	\$ 64.94	38,377	D	
Common Stock	07/27/2005	07/28/2005	S	400	D	\$ 64.97	37,977	D	
Common Stock	07/27/2005	07/28/2005	S	100	D	\$ 64.98	37,877	D	
Common Stock	07/27/2005	07/28/2005	S	300	D	\$ 64.99	37,577	D	
Common Stock	07/27/2005	07/28/2005	S	1,300	D	\$ 65	36,277	D	
Common Stock	07/27/2005	07/28/2005	S	1,100	D	\$ 65.04	35,177	D	
Common Stock	07/27/2005	07/28/2005	S	1,000	D	\$ 65.05	34,177	D	
Common Stock	07/27/2005	07/28/2005	S	1,100	D	\$ 65.08	33,077	D	
Common Stock							946	I	401 (k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		Underlying	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

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Employee Stock Option	\$ 16.875	07/27/2005	07/28/2005	M	12,000	<u>(1)</u>	12/15/2007	Common Stock	12,000
Employee Stock Option	\$ 16.75	07/27/2005	07/28/2005	M	5,000	<u>(1)</u>	02/07/2010	Common Stock	5,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

ROTHFELD DANIEL K 10750 COLUMBIA PIKE SILVER SPRING, MD 20901

Senior Vice President

Signatures

Daniel E. Rothfeld 08/01/2005

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in five equal installments beginning on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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