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ADAMS RESOURCES & ENERGY INC

Form 8-K

October 15, 2004

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of
the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): October 15, 2004

ADAMS RESOURCES & ENERGY, INC.

(Exact name of registrant as specified in its charter)

DELAWARE

1-7908

74-1753147

(State or other jurisdiction
of incorporation)

(Commission file
number)

(IRS employer
identification no.)

4400 POST OAK PKWY, SUITE 2700, HOUSTON, TEXAS

77027

(Address of principal executive offices)

(Zip code)

(713) 881-3600

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to
simultaneously satisfy the filing obligation of the registrant under any of the
following provisions:

- [] Written communications pursuant to Rule 425 under the Securities Act
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act
- [] Pre-commencement communications pursuant to Rule 14d-2 (b) under the
Exchange Act
- [] Pre-commencement communications pursuant to Rule 13e-4 (c) under the
Exchange Act

Item 8.01. North Sea Exploration Project

On October 14, 2004, Adams Resources & Energy, Inc., announced that its

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UK subsidiary, Adams Exploration UK Limited, has been awarded a "Promote" Production License in the Northeast portion of Block 48/16a in the Southern North Sea. In connection with the announcement, Adams Resources & Energy, Inc. issued a press release on October 14, 2004. A copy of the announcement furnished as Exhibit 99.1 to this report and is incorporated herein by reference.

Item 9.01. Financial Statements and Exhibits

- (c) 99.1 Copy of Adams Resources & Energy, Inc. press release dated October 14, 2004 entitled "Adams Resources Announces Second North Sea Exploration Project."

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ADAMS RESOURCES & ENERGY, INC.

Date: October 15, 2004

By: /s/ Richard B. Abshire

Richard B. Abshire
Chief Financial Officer

The following designated exhibits are incorporated by reference as filed with this report, as indicated.

EXHIBIT INDEX

Exhibit No.	Description
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99.1	Copy of Adams Resources & Energy, Inc. press release dated October 14, 2004 entitled "Adams Resources Announces Second North Sea Exploration Project"