

PAINTER JONATHAN W
Form 4
June 15, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
PAINTER JONATHAN W

(Last) (First) (Middle)

ONE ACTON PLACE, SUITE 202

(Street)

ACTON, MA 01720

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
KADANT INC [KAI]

3. Date of Earliest Transaction (Month/Day/Year)
06/14/2006

4. If Amendment, Date Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
X Officer (give title below) ___ Other (specify below)
EXECUTIVE VICE PRESIDENT

6. Individual or Joint/Group Filing (Check Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock	06/14/2006		M		112 A \$ 9.4	13,931	D
Common Stock	06/14/2006		S		112 D \$ 21.09	13,819	D
Common Stock	06/14/2006		M		25 A \$ 9.4	13,844	D
Common Stock	06/14/2006		S		25 D \$ 21.08	13,819	D
Common Stock	06/14/2006		M		100 A \$ 9.4	13,919	D

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Common Stock	06/14/2006	S	100	D	\$ 21.07	13,819	D	
Common Stock	06/14/2006	M	400	A	\$ 9.4	14,219	D	
Common Stock	06/14/2006	S	400	D	\$ 21.06	13,819	D	
Common Stock	06/14/2006	M	278	A	\$ 9.4	14,097	D	
Common Stock	06/14/2006	S	278	D	\$ 21.05	13,819	D	
Common Stock	06/14/2006	M	330	A	\$ 9.4	14,149	D	
Common Stock	06/14/2006	M	318	A	\$ 13.2	14,467	D	
Common Stock	06/14/2006	S	318	D	\$ 21	14,149	D	
Common Stock	06/14/2006	M	50	A	\$ 13.2	14,199	D	
Common Stock						3	I	By Son

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 9.4	06/14/2006		M	1,860	11/30/1994	11/30/2006	Common Stock	1,860

(Right To Buy)

Employee Stock

Option	\$ 13.2	06/14/2006		M	368	11/01/1994	11/01/2006	Common Stock	368
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(Right To Buy)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
PAINTER JONATHAN W ONE ACTON PLACE SUITE 202 ACTON, MA 01720			EXECUTIVE VICE PRESIDENT	

Signatures

by Sandra L. Lambert for Jonathan W.
Painter 06/15/2006

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

THE TRANSACTIONS REPORTED ON THIS FORM 4 WERE EXECUTED PURSUANT TO A RULE 10b5-1 TRADING

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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