

LUBIN MYRON L
Form 4
January 26, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
LUBIN MYRON L

(Last) (First) (Middle)

ONE TARGETING CENTRE

(Street)

WINDSOR, CT 06095

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
ADVO INC [AD]

3. Date of Earliest Transaction
(Month/Day/Year)
01/24/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)

Executive Vice President

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	01/24/2005		M		5,625	A	\$ 22.48
Common Stock	01/24/2005		F		693	D	\$ 36.2
Common Stock	01/24/2005		M		5,625	A	\$ 27
Common Stock	01/24/2005		F		378	D	\$ 36.2
Common Stock	01/24/2005		M		6,000	A	\$ 25.8
							5,658
							4,965
							10,590
							10,212
							16,212

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Common Stock	01/24/2005	F	456	D	\$ 36.2	15,756	D
Common Stock	01/24/2005	M	9,375	A	\$ 30.7	25,131	D
Common Stock	01/24/2005	F	377	D	\$ 36.2	24,754	D
Common Stock	01/25/2005	S	12,500	D	\$ 36.3	12,254	D
Common Stock	01/25/2005	S	100	D	\$ 36.43	12,154	D
Common Stock	01/25/2005	S	200	D	\$ 36.44	11,954	D
Common Stock	01/25/2005	S	11,321	D	\$ 36.5	633	D
Common Stock	01/25/2005	S	600	D	\$ 36.52	33	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Stock Option (Right to Buy)	\$ 27	01/24/2005		M	5,625	⁽¹⁾ 11/30/2010	Common Stock	5,625
Stock Option (Right to Buy)	\$ 25.8	01/24/2005		M	6,000	⁽²⁾ 12/13/2011	Common Stock	6,000

Stock Option (Right to Buy)	\$ 22.48	01/24/2005	M	5,625	<u>(3)</u>	12/12/2012	Common Stock	5,625
Stock Option (Right to Buy)	\$ 30.7	01/24/2005	M	9,375	<u>(4)</u>	12/11/2013	Common Stock	9,375

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
LUBIN MYRON L ONE TARGETING CENTRE WINDSOR, CT 06095			Executive Vice President	

Signatures

By: David Hennessey as Attorney-in-fact for Myron Lubin 01/26/2005

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Current
- (2) The options vest in four equal installments beginning on December 13, 2002.
- (3) The options vest in four equal installments beginning on December 12, 2003.
- (4) The options vest in four equal installments beginning on December 11, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.