

TOWN SPORTS INTERNATIONAL HOLDINGS INC  
Form 8-K  
November 04, 2015

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
**WASHINGTON, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d)**  
**of the Securities Exchange Act of 1934**

**Date of Report (Date of earliest event reported): October 29, 2015**

**Town Sports International Holdings, Inc.**

**(Exact Name of Registrant as Specified in its Charter)**

**Delaware**  
**(State or other Jurisdiction**

**of Incorporation)**

**001-36803**  
**(Commission**

**File Number)**

**20-0640002**  
**(I.R.S. Employer**

**Identification No.)**

**5 Penn Plaza (4th Floor), New York, New York  
(Principal Executive Offices)**

**10001  
(Zip Code)**

**Registrant's telephone number, including area code: (212) 246-6700**

**(Former name or former address, if changed since last report)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

On October 29, 2015, Mark McEachen delivered notice to the Company that he was resigning as member of the Board of Directors of the Company, effective immediately. Mr. McEachen noted with regret that his resignation was due to time constraints, as he would not be able to spend the time necessary to be a fully engaged member of the Company's Board of Directors.

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

**TOWN SPORTS INTERNATIONAL  
HOLDINGS, INC.**

(Registrant)

Date: October 29, 2015

By: /s/ Leam J.L.Nelson  
Leam Nelson  
*Senior Vice President, General Counsel &  
Corp. Secretary*