

Symmetry Medical Inc.  
Form 8-K  
March 27, 2012

**UNITED STATES**

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934**

Date of Report (Date of earliest event reported): March 23, 2012

**SYMMETRY MEDICAL INC.**

**(Exact name of Registrant as specified in its charter)**

Delaware  
**(State or other jurisdiction  
of incorporation)**

001-32374  
**(Commission File Number)**

35-1996126  
**(IRS Employer  
Identification No.)**

**3724 N State Road 15, Warsaw, Indiana 46582**

**(Address of Principal executive offices, including Zip Code)**

**(574) 268-2252**

**(Registrant's telephone number, including area code)**

**(Former name or former address, if changed since last report)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 8.01. Other Events**

On March 23, 2012 Symmetry Medical Inc. (“the Company”) released a press release entitled, “Symmetry Medical Launches Enhancements to the BOOKWALTER® Surgical Retractor System,” in which the Company announced it had launched twelve new line enhancements to the BOOKWALTER Retractor System through its hospital direct surgical instrumentation division, Symmetry Surgical, Inc. The new BOOKWALTER technology will be featured at the Annual Meeting of the Association of Operating Room Nurses, which will take place on March 26 to 29, 2012 in New Orleans. Further details are included in the press release, which is being furnished as Exhibit 99.1.

**Item 9.01. Financial Statements and Exhibits**

(d) Exhibits

99.1 “Symmetry Medical Launches Enhancements to the BOOKWALTER® Surgical Retractor System,” Press Release issued by Symmetry Medical, Inc. dated March 23, 2012.

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**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Symmetry Medical Inc.

/s/ Fred L. Hite

Date: March 23, 2012 Name: Fred L. Hite

Title: Chief Financial Officer

**EXHIBIT INDEX**

**Exhibit**

Description

**No.**

99.1 “Symmetry Medical Launches Enhancements to the BOOKWALTER® Surgical Retractor System,” Press Release issued by Symmetry Medical, Inc. dated March 23, 2012.

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