CANARC RESOURCE CORP Form 6-K August 10, 2016

# FORM 6-K

### SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

Report of Foreign Issuer

Pursuant to rule 13a-16 or 15d-16 of

The Securities Exchange Act of 1934

### CANARC RESOURCE CORP.

Suite 301 - 700 West Pender Street, Vancouver, British Columbia, V6C 1G8

### EXHIBIT LIST

99.1 Canarc Retains Gordon Neal for Corporate Development

SIGNATURES

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Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Canarc Resource Corp.

(Registrant)

Date: August 10, 2016 /s/ Catalin Chiloflischi Catalin Chiloflischi Chief Executive Officer