

CANARC RESOURCE CORP  
Form 6-K  
May 16, 2014

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

Report of Foreign Issuer

Pursuant to rule 13a-16 or 15d-16 of

The Securities Exchange Act of 1934

**CANARC RESOURCE CORP.**

800, 850 West Hastings Street, Vancouver, British Columbia, V6C 1E1

EXHIBIT LIST

- 99.1 Consolidated Financial Statements for the First Quarter - March 31, 2014
- 99.2 Management's Discussion & Analysis for the First Quarter - March 31, 2014
- 99.3 Form 52-109F1 Certification of First Quarter Filings - Chief Executive Officer
- 99.4 Form 52-109F1 Certification of First Quarter Filings - Chief Financial Officer

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Canarc Resource Corp.

(Registrant)

Date: May 16, 2014

/s/ Bradford Cooke

Bradford Cooke

Chief Executive Officer